

A long-weekend in France crafted just for you !

Our vision is simple :

To give you rich opportunities to explore more of the unseen realms, delve into your own inner workings & be immersed in ancient energies while feeling warmly welcomed & fully understood.

Join us & a small group of women who also have divinatory/oracular abilities to enhance your visionary skills, learn new ways of connecting to your environment & enjoy a once-in-a-lifetime experience in mythic Brittany.

We'll roam power places and energetic spaces to open & attune to subtle vibrations, play with unique creative exercises, design practices you can use alone (& with your clients) and relax in a beautiful 19th century home to talk, share meals, integrate & rest.

Read on for details & to get to know us...

Alexandra & Elizabeth



Master Your Visionary Skills in Brittany, France



This weekend is all about MORE —
feeling, knowing, experiencing, having more
of what *lights you up*.

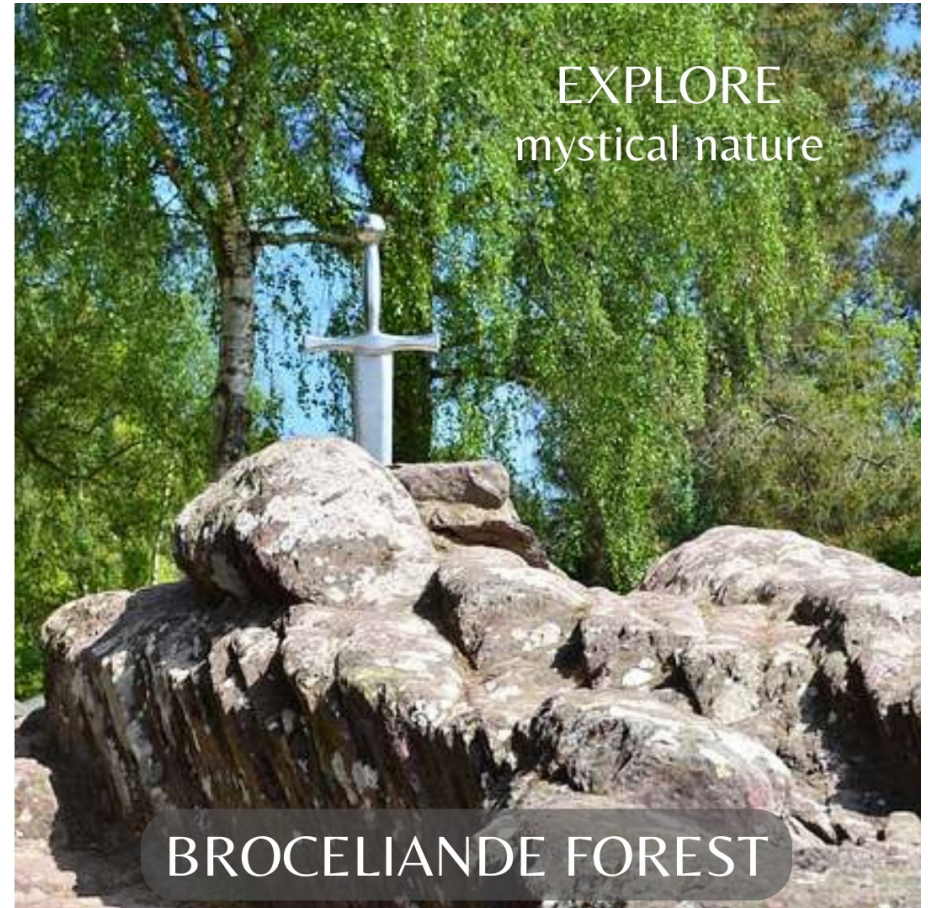
It's about tuning MORE closely into
the subtle information swirling around you
which often flashes past in
your busy life
& then doing something wonderful with
the gifts you've received.

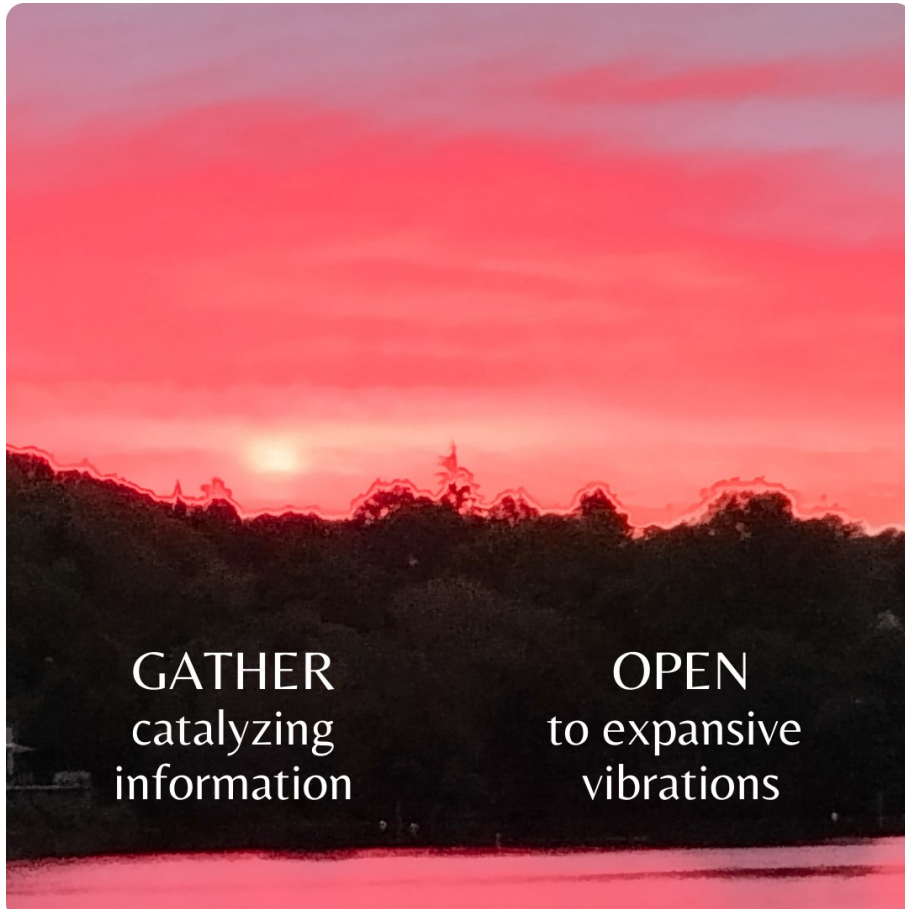
MORE can feel spacious & nourishing
when you enough have time & space
to allow what you've perceived to permeate you
right to your cells.

We've designed this event with you in mind—

braiding a vision of ease, beauty, power,
play, exploration & expansion through it all
then carefully planning the flow of each day including
every outing, exercise, meal & creative project
to enhance these values.

Come with us to work & play in the
legendary **Broceliande Forest** of Merlin & Viviane,
walk the ancient streets of **Mediaeval Dinan**,
enjoy the charms of our tiny village, **Jugon les Lacs** and
relax into a small group of
spiritual seekers & energetic pioneers
ready to connect to themselves, their skills & the world
in glorious detail.





GATHER
catalyzing
information

OPEN
to expansive
vibrations

We imagine that
you're already very perceptive,
you may even work professionally
with your visionary/divinatory/oracular skills
&
that you're interested in
clarifying these skills—taking them to the next level
&
opening to new ways of
experiencing non-physical realities.

First,
we'll focus on centring your energy systems,
then
begin to refine your "Clair" senses
with customized exercises & specific tools
(crystals, colours, scents, sounds, places, food)
before you
begin to put them into practice—
both in our Home & out in the world.

We'll be by your side,
ready to assist you in translating & embodying
the messages/sensations you receive
by offering you our
own energetic/spiritual wisdom & expertise.

If you've ever been to a retreat or workshop,
you know how important
(absolutely necessary...)
it is to enjoy the women you're with & the places you're in.

Doing deep work like this can be exhilarating
& presents you with many opportunities
to see yourself & your entire life in a new light.
These can bring new thoughts & emotions you'll want
to familiarize yourself with as they arise.

We know you need to feel comfortable to do this well,
which is why Alexandra is hosting much of our weekend
in her lovely, 19th century home. →

Feel free to enjoy
some alone-time in her darling **Garden** by the river,
curl up in her cozy **Library** by the fire,
settle in for a long chat in the **Tearoom**,
get your journal out in her **Salon**,
climb to the attic to luxuriate in an exotic **Aerie**

OR

if you *really* want to be on your own,
you can head out to walk around our **Lake**
or wander in the **Forest** behind the house.

During our time together at the house,
we'll enjoy the best quality tea/coffee/chocolate/juices,
a couple of homemade lunches & of course...
fabulous French patisseries!



SAVOUR
nourishing food
in atmospheric
spaces



Naturally,
food plays a huge part in any great experience
& especially when you're
in France!

We'll bring you
to hand-picked locations
where you'll partake of
two memorable dinners featuring
the famous Breton cuisine,
idle in at least one (most likely more...)
fabulous Tea Salon
&
we'll show you where you can get the
best bread, cheese & local produce in the area.

Everything truly is right at our doorstep!

Along with eating great food,
we'll also focus on the incredible powers food
has to raise your consciousness
& nourish you during leaps of awareness.

We invite you to enjoy
an alcohol-free weekend to keep your senses crystal clear
(but of course, this is completely your choice).

You're welcome to bring any food/beverages you wish
& we can accommodate your dietary requirements.

Have you ever had an epiphany during an event & when you got home it felt like all the new energy & ideas had simply evaporated away?

We have!

That's why we've included special creative exercises & projects to bring your new awarenesses down out of the ethers & into 'real' life.

We'll show you how to use symbols, words, colours, sensations & sounds to create your own ways of easily working with higher vibrations, for yourself &/or your clients.

We're also going to take you out on real "fieldtrips" to work with & enjoy ... natural power places with menhirs (standing stones), strong ley lines, natural energy vortices, sacred waterways, ancient master trees & architecture bursting with mystical sacred geometry.

Once you've felt vibrations like these —everything's different!





REST
reflect & integrate

Along with a well-designed program,
a small group of women who you genuinely vibe with,
& all the good food & drink you wish,
while you're with us, we know that
you need time to

REST
REFLECT &
INTEGRATE

We've purposely planned days that are
spacious & unhurried
which consciously care for your energy during
your waking hours.

It's also incredibly important
how you spend your time when you're
away from the group.

When it comes to accommodations,
there are many options in & around our village
for you to choose from
quaint B&Bs to self-catered P
& even a 5-star campsite
in our
Petite Cité de Caractère.

We are happy to offer you recommendations
& assist you with bookings.

You've read this far & might be wondering who we are!

We're close friends who've been exploring spirituality, creativity & entrepreneurialism together for more than a decade.

Between the two of us,
we have almost an *entire century* (!)
of intense studies, professional practice,
life experience & gathered wisdom.

During the weekend,
we'll offer you a choice selection of our skills
as we tailor each day to you & your requirements.

Our "official" bios are on the following page.

You're welcome to book a call to chat with us about
how we can offer you the experience
you've been dreaming of ...

We're trained in many
modalities & traditions
including:

- Vibrational Mastery & Energy Work
- Shamanism—Mongolian & Siberian
- Sound work—voice & drum
- Active, silent & resting meditation
- Past Life Regression/Hypnosis
- Quantum Health
- Tantric, Kundalini & Yin Yoga
- Creative Pyschopomping
- Art, Graphic Design, Fibre Arts
- Dowsing with rods & bodies
- Crystals & Essential Oils
- Trance & Altered States of Consciousness
- Angelic & Otherworldly Connection
- Business Mentoring for Spiritual Entrepreneurs
- Druidic & Ancient Priestess Lineages
- Divination & Oracular Work



Alexandra



Born near the mystical Broceliande Forest, Alexandra has been walking a profound spiritual path since childhood. She followed her heart to India where she was recognized as yogini, *Prem Bagawati*.

Weaving many global traditions, she practices eclectic Shamanism, ancient priestess skills and is inspired by Christic energies. For more than 15 years, she has been committed to showing others the way to awakening to their natural, powerful selves.

Elizabeth



Elizabeth accompanies women as they learn to connect to high frequency energies and openly express themselves in life & business. She nurtures them at key moments in their spiritual evolution & provides beautifully practical ways to make their greatest desires real.

A lifelong Creatrix, seeker & entrepreneur, Elizabeth effortlessly enters unseen realms to gather sacred inspiration & valuable information. She braids these with the vibrations of colour, scent, texture & sound to offer her clients expansive, life-altering experiences.

Master Your Visionary Skills in Brittany, France

Getting to Jugon Les Lacs, France

You can arrive by ferry to St. Malo or train to Lamballe.
We will happily pick you up at either location.

If you're driving, we're about 4 hours west of Paris.



What's INCLUDED

- 4 ½ days of high-vibe, creative experiences
- all local transportation to field trips & outings
 - 2 home-cooked lunches, drinks & snacks when we're at "home"
- Materials & tools for creative projects
 - Our complete, undivided attention

INVESTMENT

1000 €

Deposit of 300 € to reserve your place.
Remainder due before September 1, 2024.

Only 5 Places Available

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Substack • CreatrixExperience.Substack.com

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FB • www.facebook.com/alexandra.therapieholistique/

Chat with us ~ [BOOK](#) an informal call to learn more &/or reserve your place.